

*As a student of Subiaco, I understand that I am a part of something bigger than myself. This means that I have the rights of being a Subiaco student, a Trojan, and later, to become an alumnus. Rights and responsibilities go together. My responsibility is to uphold the honor and tradition of Subiaco, to refrain from doing things that would bring dishonor to Subiaco. Subiaco Abbey and Academy and our traditions have ancient roots. These traditions started at this location over 135 years ago, but through our founding, these traditions extend back to St. Benedict who lived during the fall of Rome. St. Benedict and Subiaco follow the Tradition of the Catholic Church, which connects all of us back to the time of Christ and His apostles, who are Jews in the lineage of Abraham, Isaac, and Jacob. At this point, we have arrived at the foundations of written human history. Subiaco is a shining city on a hill from which young men have gone out into the world to bring the light of faith, character, scholarship and brotherhood to others. Subiaco and I were one of its ambassadors, can change the world for the better. However, make the world better, I must first become better. I must become a Subi-man.*

*A Subi-man exhibits Benedictine values. By calling myself a Trojan or a Subi-man, I promise to remember these values, to carry them with me, and to exhibit them in my behavior to the best of my ability. I promise to take correction from others when I fail and to encourage others in their struggles to become a true Subi-man.*